

SELF-EXAMINATION QUESTIONS FOR THE SEASON OF LENT 2023

Kona United Methodist Church

1. What is it that our hearts treasure?
2. What motivates us to act religiously and devoutly? Is it duty, approval, guilt, to please people, or something else other than God?
3. What masks do we wear on the stage of life that obscure our true intentions?
4. What might it look like to enter the secret places of devotion that bring pleasure to God, to take off our masks and come as we are expectantly devoted to the God who gives us light and life, with the entirety of heart, soul, and might?

Lent 2023 @ Kona UMC (2/22-4/6): Lent is a 40-day season of prayer, fasting, and almsgiving that begins on Ash Wednesday and ends at sundown on Holy Thursday. It's a period of preparation to celebrate the Lord's Resurrection at Easter. Lent is influenced by the 40 days Jesus spent in the wilderness prior to beginning His ministry. For this season, we desire to emerge from our personal wilderness prepared to make disciples.

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