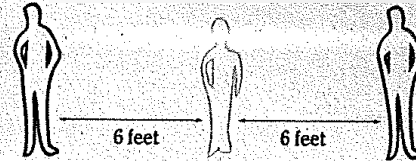


CORONAVIRUS: COVID-19**What you need to know**

In the wake of Hawaii's first confirmed case of COVID-19, residents and visitors are advised to be mindful of how the disease is spread and take precautions to prevent becoming ill.

An infected person's droplet can travel about 6 feet

**HOW IT SPREADS****Person-to-Person**

- Person who is in close contact, usually within about 6 feet of an infected person.
- By droplets that enter through the mouth, nose or an inhaled when an infected person nearby coughs or sneezes.

From infected surfaces or objects

- A person might also get infected by touching their mouth, nose or eyes after touching a surface or object that has the virus on it.

THE SYMPTOMS

The range can be from mild symptoms to severe illness and death. Symptoms can start showing up from two to 14 days after exposure: **FEVER, COUGH, SHORTNESS OF BREATH**



PREVENTION: There is no vaccine for the virus and no specific antiviral treatment. Persons with COVID-19 should receive supportive care to help alleviate their symptoms. Tips on how to protect yourself and your family:

- **Stay away from people who are sick.**
- **Do not touch your eyes, nose and mouth.**
- **Stay home if you are sick.**
- **Use a tissue to cover your cough and sneeze, and throw it away in a lined trash can.**
- **Wash your hands often with soap and water for at least 20 seconds.**
- **Use an alcohol-based hand sanitizer with at least 60% alcohol when soap and water are not available.**
- **Disinfect and clean surfaces and objects you frequently touch with a household cleaning spray or wipes.**